

## WELCOME

#### **Dear members of #TEAMGORILLAWEAR**

In front of you is the Gorilla Wear Product Catalog 2021. In this catalog, you will find an overview of all our products. We have several promotions and product launches planned throughout the year, so keep an eye on our website and social media!

Gorilla Wear has been 'For The Motivated' since 1982. With decades of experience and a team of world-class athletes, we commit ourselves each and every day to people like you! Our goal is to motivate fitness enthusiasts through high-quality gym wear and fight gear. With customers in 150 countries and more than 65 established distributors, we are actively spreading our

gym and lifestyle apparel globally. We always listen to feedback from customers and followers to provide you with the best service and products possible. We would love to know about your experiences with Gorilla Wear and our products. We would greatly appreciate it if you would leave a review on Trustpilot or our official website.

Don't want to miss anything? Follow @gorillawear on social media to stay informed about Gorilla Wear news, promotions, giveaways, and new arrivals. To check if your favorite items are still available in your size or to place an order, please visit





# Gorilla Wear Worldwide

## Gorilla Wear has sole distributors in the following countries:

Albania	Canada
Australia	China
Austria	Costa Rica
Belgium	Cyprus
Belarus	Czech Republic
Bosnia	Denmark
Bulgaria	Egypt

Egypt

Estonia Finland France Germany Greece Guatemala Hungary

Iceland India Iraa Israel Italy Japan Jordan

Kazakhstan Kirgistan Kosovo Kuwait Libya Lithuania Luxembourg

Macedonia Malta Moldavia Monaco Morocco Netherlands Norway

www.gorillawear.com!

Panama Poland Oatar Saudi Arabia Serbia Singapore

Slovakia Slovenia South Korea Sweden Switzerland Tunisia Turkey

Ukraine United Kingdom United States

Gorilla Wear is currently represented by many sole distributors in over 65 countries. Our goal is to become the global leader in athleisure. Are you ready to become a part of Team Gorilla Wear? If you want to become a distributor in your country simply contact us at info@gorillawear.com for the possibilities.









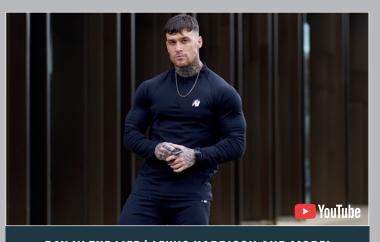












## DAY IN THE LIFE I LEWIS HARRISON AND MORE!

**WORKOUT TIPS & TRICKS** 

INTERVIEWS & FUN CHALLENGES ON

#### YOUTUBE

MAKE SURE YOU FOLLOW WEARUSA @GORILL & BE THE FIRST TO KNOW!

IN RETURN YOU WILL RECEIVE: GREAT INFORMATIVE CONTENT, TIPS AND TRICKS, PRODUCT UPDATES AND MORE...















#### HOW TO BECOME BOTH STRONG AND FLEXIBLE WITH

# ERKO JUN

Erko Jun is a KSW Pro MMA Fighter and one of our #TEAMGORILLAWEAR athletes. He was born in Bosnia and Herzegovina and moved to Belgium at a young age. Erko was a skilled martial artist until he severely injured his leg during a training session and was forced to stop. After switching to bodybuilding, he won several competitions and became a fitness model. He eventually returned to martial arts and made his professional debut in 2018. Erko Jun has been a Gorilla Wear athlete for years and is a true inspiration for many. Because of his past as both a fighter and bodybuilder, many people wonder how he is so flexible and strong at the same time. We asked the man himself.

## **QUICK FACTS**

BIRTHDAY: JUNE 28, 1990

NATIONALITY: BOSNIAN & BELGIAN

GHT: 178 CM / 5'10" **WEIGHT: 99.8 KG / 220 LBS** 





Scan the OR code for more

information on the exercises, the perfect form, and more detailed explanations.



### **STRENGTH**

What are your favorite strength exercises that not many people know

"The two exercises I like to do that few people know about are the Zercher Squat and Sumo Deadlift. Both are great to improve your overall power and very beneficial for fighters.

What makes the Zercher Squat different is the placement of the barbell. When you perform a Zercher Squat, you hold the bar in the creases of your elbows in a half bicep curl position instead of in your neck as with a Back Squat or on the front of your shoulders as with a Front Squat. The difference between the Sumo Deadlift and the Conventional Deadlift is the position of the feet and hands. During this exercise, you use a wider stance and grip, allowing you to keep your back more upright."

Do you have any tips for getting stronger and building muscle mass? "If you want to get stronger and bigger, my advice is to progressively overload your muscles. You can do this in a variety of ways, but I recommend increasing the weight each week, even if it is a small increase. This may lead to you being able to perform fewer reps, but that's not a bad thing. Go for fewer reps but a solid movement. As you get stronger you will go back to a higher number of reps. Finally, to get stronger I also recommend taking more rest between your sets. Give your body about three minutes to recharge."

#### **FLEXIBILITY**

What are your favorite flexibility exercises?

"I always stretch after every workout to stay flexible during my fight training. You have lots of different stretching exercises and you can perform them in different ways. I prefer to do leg stretches after heavy workouts, especially hamstring stretches."

Why would you advise people to focus on flexibility?

"Stretching at the end of your workout can help boost your flexibility, reduce the risk of injury, and decrease muscle tension in your body. It can even help improve your performance the next time you work out. It only takes a few minutes and I'm sure everyone would still like to be able to wipe their ass. So keep stretching guys!"

Do you have any tips for becoming more flexible?

"Take 5 to 10 minutes each day to stretch. This can even be done right after getting up or before going to bed. This will get you into a routine and you will thank me later. Which stretching exercises are good for you varies from person to person. Also, not all muscles need to be stretched post-workout. Focus on hitting only those exceptionally tight areas either from the workout or from the daily posture. If you have injuries, talk to your doctor about which stretches are right for you."





**CLASSIC TANK TOP** S - 3XL

100% Cotton













**EVANSVILLE TANK TOP** S - 4XL 100% Cotton



28,90





**BRANSON TANK TOP** S - 4XL 100% Polyester



24,90





RICHMOND RIB TANK TOP SM/ - L/XL - 2XL/3XL 92% Polyester, 8% Elastane



29,90





STERLING STRINGER TANK TOP S - 4XL 92% Cotton, 8% Elastane







**CISCO DROP ARMHOLE TANK TOP** 

S - 3XL

80%Cotton, 20% Spandex



26,90





**CARTER STRETCH TANK TOP** S - 4XL

**NEW** 

95% cotton, 5% Elastane



28,90



LAWRENCE HOODED TANK TOP

100% Cotton



34,90





**ROGERS HOODED TANK TOP** 

S - 4XL

100% Cotton



34,90



# **NEW**



**ADAMS STRETCH TANK TOP** 

S - 4XL

95% cotton, 5% Elastane











**FREMONT T-SHIRT** S - 4XL 100% polyester







**DAVIS T-SHIRT** S - 4XL 95% cotton - 5% Elastane



32,90





**INEW** 





**MELBOURNE S/L HOODED T-SHIRT** 

92% cotton, 8% elasthan



39,90



S - 4XL 92% cotton, 8% spandex

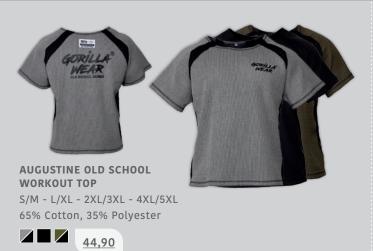


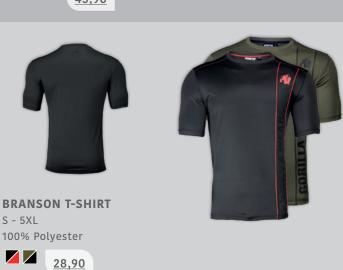
49,90

ORILLA WEAR



















CLASSIC T-SHIRT S - 4XL 100% Cotton

32,90





**STRATFORD T-SHIRT** S - 4XL

100% polyester

32,90





**DETROIT T-SHIRT** S - 5XL

100% Cotton

<u>28,90</u>





**JOHNSON T-SHIRT** S - 5XL

100% Cotton

29,90





**PERFORMANCE T-SHIRT** S - 5XL

19,90

100% Polyester





**FARGO T-SHIRT** S - 4XL

100% polyester

<u>29,90</u>





## **ATHLETE T-SHIRT 2.0**

- BRANDON CURRY
- DENNIS JAMES
- WILLIAM BONAC GORILLA WEAR



M - 4XL 100% Polyester













USMAN T-SHIRT S - 4XL 100% Cotton



34,90



**SPRINGFIELD S/L ZIPPED HOODIE** S - 4XL

80% Cotton, 20% Polyester

49,90





FRESNO T-SHIRT S - 5XL 100% Polyester

36,90





**DOVER OVERSIZED T-SHIRT** 

S - 3X

85% Cotton, 10% Polyester, 5% Elastane



42,90





DELANO POLO S - 4XL 92% Cotton 8% Spandex









**BOISE OVERSIZED** LONG SLEEVE

S - 3XL

85% Cotton, 10% Polyester, 5% Elastane



44,90



**NELSON HOODIE** 

S - 5XL

80% Cotton, 20% Polyester



59,90





**NEW** 

HAMILTON HYBRID LONG SLEEVE S - 4XL

85% Polyester, 15% Elastane



44,90



S - 4XL

92% cotton, 8% spandex







**DELTA HOODIE** S - 5XL / Black: S - 4XL 80% Cotton, 20% Polyester





**GLENDO JACKET** S - 5XL

72% Polyester, 28% Elastane

**INEW** 



59,90





**BANKS OVERSIZED HOODIE** S - 4XL 80% Cotton, 20% Polyester



64,90



**CLASSIC HOODIE** 

S - 4XL 92% cotton, 8% spandex



64,90



S - 4XL



59,90





**GLENDALE SOFTSHELL JACKET** S - 4XL

100% Polyester









**GLENDO PANTS** S - 5XL

72% Polyester, 28% Elastane



<u>49,90</u>





**BANKS PANTS** 

S - 4XL

80% Cotton, 20% Polyester



NEW

SULLIVAN TRACK SUIT

59,90



**SULLIVAN TRACK JACKET** 

S - 4XL

85% polyester, 15% spandex





59,90



**INEW** 



**SULLIVAN TRACK PANTS** 

S - 4XL

85% polyester, 15% spandex



49,90





**WENDEN TRACK PANTS** 

S - 4XL

85% Polyester, 15% Spandex





49,90



WENDEN TRACK JACKET

85% Polyester, 15% Spandex









**AUGUSTINE OLD SCHOOL PANTS** S/M - L/XL - 2XL/3XL - 4XL/5XL 65% Cotton, 35% Polyester







**MERCURY MESH PANTS** S/M - L/XL - 2XL/3XL 100% Polyester



49,90





**FUNCTIONAL MESH PANTS** S/M - L/XL - 2XL/3XL 100% Polyester



49,90











S - 5XL 100% Polyester



44,90



**HAMILTON HYBRID PANTS** S - 4XL

85% Polyester, 15% Elastane



<u>49,90</u>





**REYDON MESH PANTS 2.0** S - 4XL

100% Polyester









NEWARK PANTS
S - 4XL

80% Cotton, 20% Polyester



54,90

**NEW** 







KNOXVILLE 3/4 SWEATPANTS S - 4XL

92% Cotton, 8% Spandex



44,90





**BENTON TRACK PANTS** S - 4XL

85% polyester, 15% spandex



49,90





**REYDON MESH SHORTS 2.0** 

S - 4XL

100% Polyester



39,90





**BENTON TRACK SHORTS** 

S - 4XL

85% polyester, 15% spandex







AUGUSTINE OLD SCHOOL SHORTS S/M - L/XL - 2XL/3XL 65% Cotton, 35% Polyester







**FUNCTIONAL MESH SHORTS** S/M - L/XL - 2XL/3XL 100% Polyester



34,90



**BRANSON SHORTS**S - 5XL
100% Polyester



29,90





CISCO SHORTS S - 3XL 80% Cotton, 20% Spandex



34,90







WENDEN TRACK SHORTS S - 3XL 85% Polyester, 15% Spandex



39,90





MERCURY MESH SHORTS S/M - L/XL - 2XL/3XL 100% Polyester







**SMART SHORTS** S - 4XL 85% Polyester, 15% Elastane







**SMART TIGHTS** S - 4XL 85% Polyester, 15% Elastane



49,90





**COLUMBUS MEN'S TIGHTS** S - 4XL 85% Polyester, 15% Elastane

**NEW** 



44,90





**DESTIN SWIM SHORTS** S - 4XL



29,90

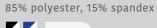
100% polyester







STRATFORD TRACK SHORTS S - 4XL









MONTELLO BOXING GLOVES

8 - 16 oz

Quality: Check Website







MONTELLO SHIN GUARDS

M - XL

Quality: Check Website









**BOXING HAND WRAPS** 

2.5M, 3M, 4M

Quality: Check Website



<u>7,90</u>





ASHTON PRO BOXING GLOVES

8 - 18 oz

Quality: Check Website







YESO SHIN GUARDS M - XL Quality: Check Website





YESO BOXING GLOVES 8 - 16 oz Quality: Check Website

89,90







MOSBY BOXING GLOVES 8 - 16 oz

Quality: Check Website







**MOSBY SHIN GUARDS** M - XL

Quality: Check Website







**GEL GLOVE WRAPS** S/M - L/XL Quality: Check Website







**ELY MMA SPARRING GLOVES** S/M - M/L - L/XL

Quality: Check Website

44,90



MANTON MMA GLOVES (WITH TUMB) S/M - M/L - L/XL Quality: Check Website

44,90





BEREA MMA GLOVES (WITHOUT TUMB) S/M - M/L - L/XL Quality: Check Website



#### **NOT AVAILABLE IN SPAIN**



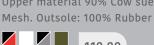


### TROY HIGH TOPS

US men 4 - US men 12.5 women 5,5 - women 15 EU 36 - EU 47

Upper material 90% Cow suede, 10%

119,90





## **NEWPORT SNEAKERS**

US men 4 - US men 12.5 women 5,5 - women 15 EU 36 - EU 47

80% PU 20% Polyester, Outsole 90% EVA 10% TPR



NOT AVAILABLE IN SPAIN





#### **GORILLA WEAR GYM HYBRIDS**

US men 4 - US men 13,5 women 5,5 - women 15,5 EU 36 - EU 48

80% PU 20% Polyester, Outsole 90% EVA 10% TPR







**NEW** 





#### **KOKOMO FLIP-FLOPS**

US men 4 - US men 13,5 women 5,5 - women 15,5 EU 36 - EU 47

Strap 100%, Rubber, sole 100% EVA



#### **NOT AVAILABLE IN SPAIN**







#### **PERRY HIGH TOPS**

US men 4 US men 13,5 women 5,5 women 15,5 EU 36 EU 48 60% Cow suede, 40% Polyester





**NEW** 

COLOR

#### NOT AVAILABLE IN SPAIN





#### **GORILLA WEAR HIGH TOPS**

US men 4 - US men 12,5 women 5,5 - women 15

EU 36 - EU 48

30% Polyester, 70% PU Leather













One size
100% Cotton
24,90











#### **GORILLA WEAR FILTER FACE MASK**

XS/S - M/L 100% Polyester



9,90



#### **GORILLA WEAR FACE** MASK

XS/S - M/L 100% Polyester



7,90

## **NEW**



#### **CREW SOCKS**

EU: 34 - 47 US MEN: up to 9.5 US WOMEN: up to 15 90% Cotton, 10% Spandex

8,90





## NEW COLORS

### **4 INCH PADDED LEATHER** LIFTING BELT

S/M - L/XL - 2XL/3XL Quality: Check Website



39,90



## NEW

#### **6 INCH PADDED LEATHER LIFTING BELT**

S/M - L/XL - 2XL/3XL Quality: Check Website



49,90



## NEW COLORS

#### **4 INCH NYLON LIFTING BELT**

S/M - L/XL - 2XL/3XL Quality: Check Website



NEW

**CREW SOCKS** 

28,90



🗓 SCAN ME

### **WRIST WRAPS BASIC**

ONE SIZE -40% elasthan, 10% Polyester, 50% Cotton



12,90



## **WRIST WRAPS PRO**

ONE SIZE - 40% elasthan, 10% Polyester, 50% Cotton



18,90



### WRIST WRAPS ULTRA

ONE SIZE - 60% Elasthan, 20% Polyester, 20% Cotton



21,90



### **WEIGHT LIFTING HOOKS**

ONE SIZE - 50% Nylon, 50% Steelsupports up till 150 kg/330 lbs maximum



29,90



NEW COLORS

## LIFTING GRIPS (ONLY EU)

ONE SIZE

70% rubber, 30% Polyester





**DALLAS WRIST WRAP GLOVES** 

S - 3XL

50% synthetic leather, 50% Polyester



32,90

NEW COLORS



YUMA WEIGHT LIFTING **WORKOUT GLOVES** 

S - 3XL

100% Polyester



18,90

NEW COLORS



#### **NON-PADDED STRAPS**

One size

100% Cotton



10,90





## NEW COLORS

#### MITCHELL TRAINING **GLOVES**

S - 3XL

40% Leather, 20% Rubber, 20% Nylon, 20% Cotton



28,90





#### HARDCORE LIFTING STRAPS

One size

100% Cotton



19,90



#### PADDED LIFTING STRAPS

One size

100% Cotton



12,90



#### **GORILLA WEAR NYLON DIP BELT**

ONE SIZE

40% Nylon, 20% Polyester, 10% Rubber, 30% Steel



29,90



### **PALM GRIP PADS**

One size

100% Polypreme



12,90



## **KNEE WRAPS**

79INCH/2M - 98INCH/2,5M 70% Elasthan, 30% Polyester





29,90

NEW COLORS



### **CLASSIC GYM TOWEL**

16,90

100x50 cm

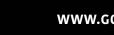
100% Cotton



### **FUNCTIONAL GYM TOWEL**

100x50 cm / 40x20 inches 100% Cotton















## **SHAKER XXL** 1000 ml 100% BPA free plastic



# 8,90



## **CLASSIC SPORTS BOTTLE**

750 ml

100% BPA free plastic



8,90





Bottle: 100% HDPE, Cap 100% PP, Spout 100% TPR, seal ring 100% silicone



7,90





## **SHAKER 2 GO**

760 ml + 2 Powder compartments 100% BPA free plastic



12,90



### **SHAKER**

600 ML or 700 ML 100% BPA free plastic



6,90

7,90



### **SHAKER COMPACT**

500 ml + 1 Powder compartment 100% BPA free plastic



7,90



### **SHAKER XXL**

1000 ml 100% BPA free plastic



**TOILETRY BAG** ONE SIZE 70% Artificial leather, 30% Polyester





**STANLEY FANNY PACK** ONE SIZE 100% Polyester





**BRIGHTON CROSSBODY BAG** One size 100% Cotton



29,90









**DUNCAN BACKPACK** One size 100% Polyester



59,90





**AKRON BACKPACK** One size 100% Polyester



69,90





**JEROME GYM BAG 2.0** One size (36 l) 100% Polyester



59,90



**JEROME GYM BAG** ONE SIZE (36 l) 100% Polyester



59,90

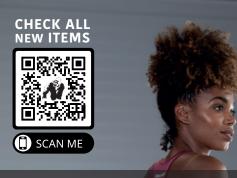


NORRIS HYBRID GYM BAG/BACKPACK One size (66 l)

100% Polyester







MONROE CROPPED LEGGINGS

THE MONROE CROPPED LEGGINGS CAN WITHSTAND ANY WORKOUT. THE CROPPED LENGTH AND MESH SECTIONS KEEP YOU COOL AND FOCUSED. THEY FEATURE NICE DETAILS AND ARE AVAILABLE IN TWO DIFFERENT COLORS.



MONROE

GORILLA WEAR CARTER STRETCH TANK TOP SHOW OFF THE MUSCLES YOU'VE WORKED SO HARD FOR WITH THE CARTER STRETCH TANK TOP.

SHOW OFF THE MUSCLES YOU'VE WORKED SO HARD FOR WITH THE CARTER STRETCH TANK TOP. IT IS MADE FROM A BLEND OF HIGH-QUALITY COTTON AND ELASTANE, MAKING IT STRETCHY AND COMFORTABLE TO WEAR. IT ALLOWS FOR MAXIMUM FREEDOM OF MOVEMENT AND HAS A REGULAR FIT.

**WATER JUG 2.2L** 

**WATER JUG 2.2L** 

WE ALL KNOW IT IS IMPORTANT TO STAY HYDRATED DURING YOUR WORKOUTS. OUR WATER JUG HOLDS A WHOPPING 2.2 LITERS TO HELP YOU WITH THAT! IT IS BREAK-PROOF, LEAK-PROOF, DISHWASHERSAFE, AND NON-TOXIC (BPA-FREE & DEHP-FREE).







YAVA SEAMLESS SPORTS BRA

XS/S - S/M - M/L

54% Nylon, 34 Polyester, 12% Spandex



34,90



# HILTON SEAMLESS SPORTS BRA

XS/S - S/M - M/L 90% Nylon, 10% Spandex



34,90





NEIRO SEAMLESS SPORTS BRA

XS/S - S/M - M/L 90% Nylon, 10% Spandex



34,90



## **NEW**

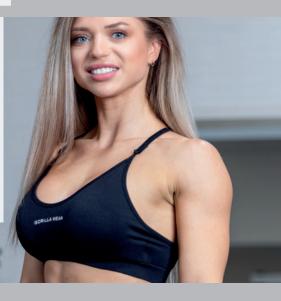
QUINCY SEAMLESS SPORTS BRA

XS/S - S/M -M/L 90% Nylon,

10% Spandex



36,90





## **NEW**

ADDISON DROP ARMHOLE

XS - L

**TANK TOP** 

80% Cotton, 20% Polyester

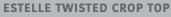


24,90



# NEW





XS -

85% Polyester, 15% Spandex



28,90





MESA ZIP FRONT CROP TOP

XS - L

72% Polyester, 28% Spandex



28,90





PIXLEY CROP TOP HOODIE

XS -

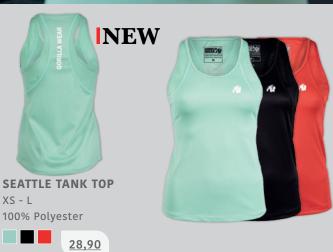
65% Cotton, 35% Polyester













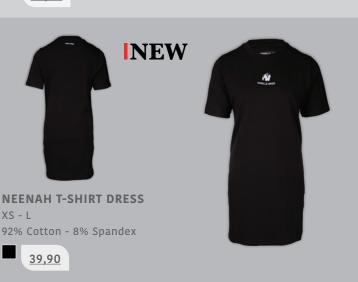




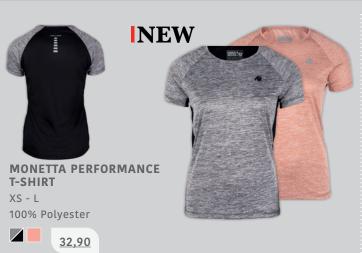
85% Polyester, 15% Elastane















PIXLEY ZIPPED HOODIE 65% Cotton, 35% Polyester







39,90



**ALEXANDRIA HOODIE** XS/S & M/L 80% Cotton, 20% Polyester



49,90









PIXLEY SWEATPANTS

XS - L

65% Cotton, 35% Polyester



39,90

**NEW** 





PASADENA WOVEN PANTS

vc ı

90% Polyester, 10% Spandex



49,90



NEIRO SEAMLESS LEGGINGS

XS/S - S/M - M/L

90% Nylon, 10% Spandex



49,90



**HILTON SEAMLESS LEGGINGS** 

XS/S - S/M - M/L

90% Nylon, 10% Spandex







**PIXLEY SWEATSHORTS**XS - L

65% Cotton, 35% Polyester



28,90





YAVA SEAMLESS LEGGINGS

XS/S - S/M - M/L

54% Nylon, 34% Polyester, 12% Spandex



49,90



INEW







29,90





**INEW** 



XS - L

73% Polyester, 27% Elastane - Rib fabric 75% Polyamide, 25% Elastane



39,90



# NEW

M O N R O E C R O P P E D L E G G I N G S





## QUINCY SEAMLESS LEGGINGS

XS/S - S/M - M/L 90% Nylon, 10% Spandex

49,90

## QUINCY SEAMLESS CYCLING SHORTS

XS/S - S/M - M/L 90% Nylon, 10% Spandex

